

Welcome to Manna Church! We are Glad You are Here!

What to Expect On a Typical Sunday

The worship experience at Manna Church lasts approximately 70-75 minutes. It begins with a time of worship and a brief period of announcements, followed by a biblical and practical message delivered by one of our pastors. Service concludes with another short time of worship and prayer.

Connection Card

If you're a first-time guest, we would love for you to fill out a connection card. No one is planning to call you or come by your house—we just want to thank you for joining us today and to let you know what is available to you here at Manna.

Free Gift for First-Time Guests

If it is your first time with us, we have a gift available for you in the lobby at the end of service. We simply want to give you a gift to thank you for being with us today!

Get the Church Center App

Scan the QR Code to download the Church Center App to get connected to all of our Small Groups, register for upcoming events, and more!



Small Groups

Manna Church is not a church with small groups; we are a small groups church. On Sundays, we gather corporately to be inspired by the presence and Word of God. However, friendships, discipleship, and growth primarily happen in the context of a small group. You can find a list of available Small Groups to join by going on our website, cos.manna.church, and clicking on the "Connect" tab.

Manna Kids

We strive to provide a clean and safe environment where children can experience and enjoy the love of Jesus. The Nursery/Preschool experience is available for kids 6 weeks through 5 years old, and the Elementary experience is for children in Kindergarten through 5th grade. We would love to have your child join us!

Manna Students

If you are in 6th to 12th grade, come join us for Manna Students on Wednesday from 6:30 p.m. to 8:30 p.m. at the Manna Church Offices! We meet weekly during the small group cycle for games, worship, biblical teachings, and small groups! We hope you will join us!

Ways to Give

For a safe and secure way to give to Manna Church, scan the QR Code. Here, you can schedule a one-time gift or establish and manage a recurring gift through the Online Portal.



Pizza With the Pastor

Whether you're visiting for the first time or have been part of Manna Church for a while, Pizza with the Pastor is a fantastic way to get connected and learn more about the mission and vision of the church. Join us on the first Sunday of every month at 5:00 P.M. at the Manna Church Offices (1580 E. Cheyenne Mtn. Blvd) for an evening with our pastors and staff. You can register online or at the Info Center in the main lobby! Childcare is provided.

Growth Track

The Manna Church Growth Track is a series of small groups designed to facilitate your growth as a healthy, effective follower of Jesus Christ. Wherever you are in your journey, the Growth Track can equip you to fully experience your calling in God and your part in impacting your world. Sign up for NextStep by going online or registering at our Info Center Table in the Main Lobby.

FirstStep. In FirstStep, you will discover what a balanced, integrated, and healthy life of a disciple of Jesus looks like, specifically within the context of Manna Church. *Meets the first 4 Mondays of every month from 6:30p-8p. Scan the QR code to join.*



NextStep. NextStep is here for you to learn about Manna Church's Mission, Vision, and Values. You'll discover who we are, why we're here, where we're going, and how you can get connected while exploring God's unique purpose for your life.

Meets the 2nd, 3rd, and 4th Sundays of the month in the Harrison High School Library.

LeaderStep. LeaderStep prepares you to lead at Manna Church in areas such as small groups or serve teams. Built on our 12 Operational Principles, LeaderStep fosters spiritual growth, authentic relationships, and Kingdom impact, helping you discover how God can use you to make a difference. (Must have completed NextStep).

Meets quarterly throughout the year. Check the Manna Church Colorado Springs website or ask anyone at our Info Center Table for dates and details.

Sermon Discussion Questions

Take the message deeper this week! We've created questions for your own personal devotional time and for rich conversation in your small group. Find them by scanning the QR code and clicking on "Sermon Notes."





A Faithful Friend

1 Samuel 18:1-2 (ESV) - As soon as he had finished speaking to Saul, the soul of Jonathan was knit to the soul of David, and Jonathan loved him as his own soul. 2 And Saul took him that day and would not let him return to his father's house.

Three Qualities of a Great Friend

1 Samuel 18:3-5 (ESV) - Then Jonathan made a covenant with David, because he loved him as his own soul. 4 And Jonathan stripped himself of the robe that was on him and gave it to David, and his armor, and even his sword and his bow and his belt. 5 And David went out and was successful wherever Saul sent him, so that Saul set him over the men of war. And this was good in the sight of all the people and also in the sight of Saul's servants.

1. Great Friends are _____

• You cannot build _____ with _____.

Philippians 2:3-4 (ESV) - Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves. 4 Let each of you look not only to his own interests, but also to the interests of others.

1 Samuel 18:30 (ESV) - Then the commanders of the Philistines came out to battle, and as often as they came out David had more success than all the servants of Saul, so that his name was highly esteemed.

1 Samuel 19:1-6 (ESV) - And Saul spoke to Jonathan his son and to all his servants, that they should kill David. But Jonathan, Saul's son, delighted much in David. 2 And Jonathan told David, "Saul my father seeks to kill you. Therefore be on your guard in the morning. Stay in a secret place and hide yourself. 3 And I will go out and stand beside my father in the field where you are, and I will speak to my father about you. And if I learn anything I will tell you." 4 And Jonathan spoke well of David to Saul his father and said to him, "Let not the king sin against his servant David, because he has not sinned against you, and because his deeds have brought good to you. 5 For he took his life in his hand and he struck down the Philistine, and the Lord worked a great salvation for all Israel. You saw it, and rejoiced. Why then will you sin against innocent blood by killing David without cause?" 6 And Saul listened to the voice of Jonathan. Saul swore, "As the Lord lives, he shall not be put to death."

2. Great Friends are _____

Proverbs 27:5-6 (ESV) - Better is open rebuke than hidden love. 6 Faithful are the wounds of a friend; profuse are the kisses of an enemy.

• Loyalty speaks _____ AND it speaks _____.

1 Samuel 23:15-17 (ESV) - David saw that Saul had come out to seek his life. David was in the wilderness of Ziph at Horesh. 16 And Jonathan, Saul's son, rose and went to David at Horesh, and strengthened his hand in God. 17 And he said to him, "Do not fear, for the hand of Saul my father shall not find you. You shall be king over Israel, and I shall be next to you. Saul my father also knows this." 18 And the two of them made a covenant before the Lord. David remained at Horesh, and Jonathan went home.

3. Great Friends are _____

Hebrews 3:13 (NIV) - But encourage one another daily, as long as it is called "Today," so that none of you may be hardened by sin's deceitfulness.

The Power of Having Faith for Others

• Faith is the greatest _____ in the world.

• Faith draws out of people _____.

• People are _____ to people who have faith for them.

You want to make a friend? _____.

You want to have great friends? _____.

Personal Reflection

The Value of Friendship

When you think about your closest friendships, are they relationships that help you grow spiritually, strengthen your character, and become more like Jesus?

Are you making enough room in your life for meaningful friendships, or have busyness, comfort, and other priorities kept you from investing in deeper relationships?

Sacrificial Friendships

How willing are you to sacrifice your time, energy, comfort, or resources to invest in the lives of your friends?

Is there a friendship in your life that could grow deeper if you became more intentional about giving to the relationship rather than focusing on what you receive?

Loyalty That Speaks Truth

When someone you care about is making a harmful decision, are you willing to have an uncomfortable conversation, or do you tend to avoid conflict?

Are you someone who celebrates the successes of your friends, even when they experience opportunities or blessings you wish you had?

The Power of Encouragement

When people spend time with you, do they leave feeling more encouraged, more confident in God's promises, and more motivated to follow Jesus?

Who in your life needs you to see beyond their current circumstances and speak words of faith, hope, and encouragement into their future?

Becoming the Friend You Want

The sermon challenges us to ask, "Am I becoming the kind of friend I'm looking for?" How would you answer that question?

What is one practical change you could make this week to become a more sacrificial, loyal, or encouraging friend?

Small Group Questions

The Importance of Biblical Friendship

What stands out to you most about the friendship between David and Jonathan, and what makes their relationship different from many friendships we see today?

Why do you think meaningful friendships are so difficult to develop in a world where we are more connected than ever?

Friendship Requires Sacrifice

Jonathan was willing to sacrifice his own interests to support David's calling. What does that teach us about the kind of love and humility required for deep friendship?

The sermon said, "You cannot build 200-hour friendships with 20-minute availability." What does that reveal about the relationship between our priorities and the depth of our friendships?

Loyalty and Loving Confrontation

The sermon said, "Loyalty speaks up for you AND it speaks truth to you." Why are both necessary for a healthy friendship?

How can we develop friendships where people feel safe enough to be honest, confront one another in love, and receive correction without becoming defensive?

Encouragement That Strengthens Faith

In 1 Samuel 23:16, Jonathan went to David and "strengthened his hand in God." What do you think that looked like, and how can we do the same for one another?

What is the difference between simply making someone feel better and encouraging them in a way that strengthens their faith and draws them closer to Jesus?

Building Life-Giving Friendships

The sermon challenges us to stop asking why we don't have better friends and start asking whether we are becoming better friends. How might that perspective change the way we approach relationships?

How can our small group become a place where sacrificial friendship, genuine loyalty, and intentional encouragement are consistently practiced rather than simply discussed?